

# FROM BALANCING ACT TO EQUILIBRIUM: The #1 Key to Building the Life of Your Dreams

**What is the greatest barrier to achieving success and happiness in every area of your life?**

Not living in equilibrium.

**What is the number one key to building a tremendous life that satisfies all your dreams?**

Living in Equilibrium

Balance = An action we take.

Equilibrium = Sum total of HOW we do it.

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## 3 TOOLS TO HELP YOU BRING EQUILIBRIUM TO YOUR LIFE

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### 1 THE 3 POWERS

**The Power of the Spoken Word** - Speak good, kind and loving thoughts & they will return to you.

**The Power of Unity** - Recognize that you are stronger when you come together with others.

**The Power of Submission** - Be teachable.

### 2 THE POWER OF THE DREAM

Identify, isolate and categorize your dreams so they can serve as a power base for you and your daily decisions.

### 3 VERTICAL ALIGNMENT

When your priorities are in the right order, you make better decisions every day that result in better outcomes.

God  
Spouse  
Children  
Other family, friends, community, church  
Country  
Job/Source of Income  
You

## The 5 Pillars of Your Life



At any given time we can be imbalanced in any or all of the five pillars of our life. When this happens, it causes an uneasy feeling within and then we project behaviors externally that affect the world around us.